Here is interpretation of ORs for a nominal DV in a multinomial logistic regression (observed or latent DV). Say that we have 3 classes/categories for the DV, so the last class is class 3. The Odds of being in class 1 versus class 3 is: Prob(class 1)/Prob(class 3). The Odds is obtained as exp(slope for X) and varies over the classes (it is 1 for the last class). The Odds Ratio (OR) is a ratio of Odds for a unit change in X: X = x+1 versus X = x:

OR for class 1 = (odds of being in class 1 versus class 3 for X=x+1) / (the odds of being in class 1 versus class 3 for X=x)

OR for class 2 = (odds of being in class 2 versus class 3 for X=x+1) / (the odds of being in class 2 versus class 3 for X=x)

A positive slope for X gives an OR greater than 1 and implies that an increase in X increases the odds. A negative slope for X gives an OR less than 1 and implies that an increase in X decreases the odds. A zero slope for X gives OR =1 and implies no effect of X.

Examples:

X = male (1)/female (0). OR=1.5 for class 1 implies that "being a male versus a female increases the odds of being in class 1 versus class 3 by a factor of 1.5". Or, "the male odds of being in class 1 versus class 3 is 1.5 times higher than the female odds".

X = Age. OR = 0.8 for class 1 implies that "increasing Age by one unit decreases the odds of being in class 1 versus class 3 by a factor of 0.8".