You can do it in Mplus using for example the Constraint = x; option in the Variable command, where x is the moderator.

Using your (10.3) you have

\[ Y = \ldots(b + hX)M \ldots \]

Using Constraint = x; and

Model:

\[
... \\
y \text{ on } m \text{ (p1);} \\
... \\
\]

Model constraint:

\[
\text{New(b h);} \\
p1 = b + hx; \\
\]

This will give you b and h estimates and SEs.

Bengt