

# Mplus 8: Dynamic SEM

## Applications

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# Intensive longitudinal data

Two approaches we can take when  $T$  is large and  $N > 1$ :

## 1. **Top-down approach** (i.e., **dynamic multilevel modeling**):

- use time series models as level 1
- allow for quantitative individual differences in model dynamics at level 2
- can be used with relative small  $T$  (say 20), but requires at least moderate  $N$  (say  $>30$ )

## 2. **Bottom-up approach** (i.e., **replicated time series analysis**)

- use time series models to model  $N=1$  data
- allow for quantitative and qualitative differences between persons
- can be used with small  $N$  (say 2), but requires relative large  $T$  (say  $>50$ )

Alternative approach: **pooled time series analysis** (requires  $N \cdot T > 50$ ).

# Outline

1. Top-down approach:
  - **Univariate multilevel AR(1) model**
  - Multiple indicator multilevel AR(1) model
  - Multilevel VAR(1) model
2. Bottom-up approach:
  - Comparison of linear models and regime-switching models
3. Discussion

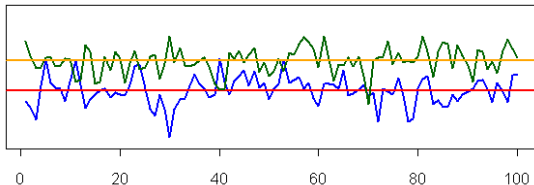
# Univariate multilevel AR(1) model: Random mean

## Centering part:

$$PA_{it} = \mu_i + PA_{it}^*$$

where

- $\mu_i$  is the individual's **mean** (i.e., baseline, trait, equilibrium) of positive affect
- $PA_{it}^*$  is the **within-person centered** (cluster-mean centered) score



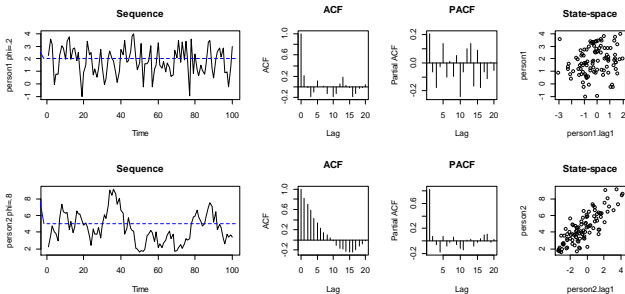
# Univariate multilevel AR(1) model: Random inertia

## Autoregressive part:

$$PA_{it}^* = \phi_i PA_{i,t-1}^* + \zeta_{it}$$

where

- $\phi_i$  is the **autoregressive parameter** (i.e., inertia, carry-over, or regulatory weakness)
- $\zeta_{it}$  is the **innovation** (residual, disturbance, dynamic error) (with  $\zeta_{it} \sim N(0, \sigma_\zeta^2)$ )



# Univariate multilevel AR(1) model: Level 1

Putting these together we can write:

## Level 1: Random mean and inertia

$$PA_{it} = \mu_i + \phi_i PA_{i,t-1}^* + \zeta_{it}$$

where  $\zeta_{it} \sim N(0, \sigma^2)$ .

## Level 2:

$$\mu_i = \mu + v_{0i}$$

$$\phi_i = \phi + v_{1i}$$

where

$$\begin{bmatrix} v_{0i} \\ v_{1i} \end{bmatrix} \sim MN \left[ \begin{bmatrix} 0 \\ 0 \end{bmatrix}, \begin{bmatrix} \psi_{11} & \\ \psi_{21} & \psi_{22} \end{bmatrix} \right]$$

## Intermezzo: Centering level 1 predictors?

There are three ways in which we can include level 1 predictors:

- non-centered (**NC**)
- grand mean centered (**GMC**)
- cluster mean centered (**CMC**)

NC and GMC are **equivalent** (i.e., alternative parametrizations).

CMC is **equivalent under some circumstances** (i.e., no random slopes, and predictor means included as level 2 predictor of random intercept), but not always.

**Converging consensus:** The slope from NC/GMC can be an “**uninterpretable blend**” of the within and between relationship (Raudenbush & Bryck, 2002).

## Intermezzo: Centering the lagged predictor?

Hamaker and Grasman (2015) compared four ways of centering the **lagged predictor** in a multilevel AR(1) model:

- NC: no centering
- $\text{CMC}(\bar{y}_{.i})$ : cluster mean centering using the sample mean
- $\text{CMC}(\hat{\mu}_i)$ : cluster mean centering using the multilevel estimate
- $\text{CMC}(\mu_i)$ : cluster mean centering using the true mean

Table 4 | Bias and coverage rates for fixed autoregressive parameter  $\phi$  in multilevel autoregressive model under diverse scenarios.

AR parameter	Sample size		Bias				CR <sub>0.95</sub>			
	N	T	NC	C( $\bar{y}_{.i}$ )	C( $\hat{\mu}_i$ )	C( $\mu_i$ )	NC	C( $\bar{y}_{.i}$ )	C( $\hat{\mu}_i$ )	C( $\mu_i$ )
$\phi_i \sim N(0.3, 0.1)$	20	20	0.002	-0.072	-0.069	-0.068	0.928	0.762	0.785	0.787
		50	0.000	-0.027	-0.027	-0.026	0.940	0.900	0.901	0.898
		100	0.000	-0.013	-0.013	-0.013	0.932	0.932	0.932	0.932
	50	20	0.005	-0.071	-0.069	-0.067	0.893	0.480	0.512	0.518
		50	0.001	-0.027	-0.026	-0.026	0.936	0.800	0.804	0.805
		100	0.000	-0.013	-0.013	-0.013	0.946	0.902	0.902	0.903
	100	20	0.006	-0.070	-0.068	-0.066	0.892	0.196	0.227	0.242
		50	0.001	-0.027	-0.027	-0.027	0.930	0.623	0.630	0.637
		100	0.000	-0.013	-0.013	-0.013	0.930	0.851	0.854	0.851



## Intermezzo: Centering the lagged predictor?

**Conclusion** (from Hamaker & Grasman, 2015):

- **CMC leads to a downward bias** in the estimation of the AR parameter
- **CMC is better** when interest is in a **level 2 predictor of the AR parameter**

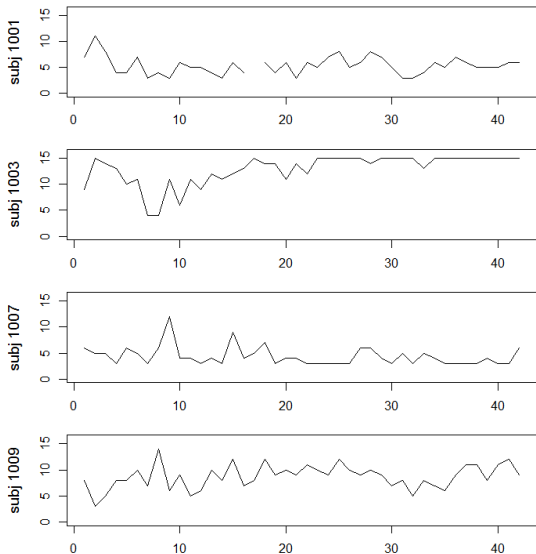
Note that when  $N=1$ , the OLS estimate of the AR parameter is known to be biased (e.g., Marriott & Pope, 1954).

**BUT:** CMC in Mplus is not associated with this bias (nor is it in WinBUGS, see Jongerling et al., 2015), probably because the **same (individual) parameter** is used as the intercept and for CMC of the lagged predictor.

**NOTE:** CMC is the default in Mplus when creating lagged variables.

## Daily diary data on positive affect (PA)

Data: 89 females measured for 42 days (see Jongerling, Laurenceau & Hamaker, 2015).



# Input: Create an observed lagged variable

```
TITLE: Multilevel AR(1) with random mean

DATA: file is fem.dat;

VARIABLE:
names=subj couple day    dhappy
dexcited   denerget     denthusi   PA;
cluster=subj;
useobs are
(subj .ne. 1003) .and.
(subj .ne. 1107) .and.
(subj .ne. 1223) .and.
(subj .ne. 1233) .and.
(subj .ne. 1249) .and.
(subj .ne. 1327) .and.
(subj .ne. 1425);

MISSING = all(999);

USEVAR are PA;

LAGVAR = PA(1); ! CREATE AN OBSERVED LAGGED VARIABLE
```

NOTE: Using **LAGVAR = PA(1)**; gives a lagged variable based on lagging the observed variable PA by one.

# Input: Random AR parameter and random mean

```
ANALYSIS:  TYPE IS TWOLEVEL random;
           estimator=bayes;
           fbiter=10000;
           bseed = 7487;
           proc = 2;

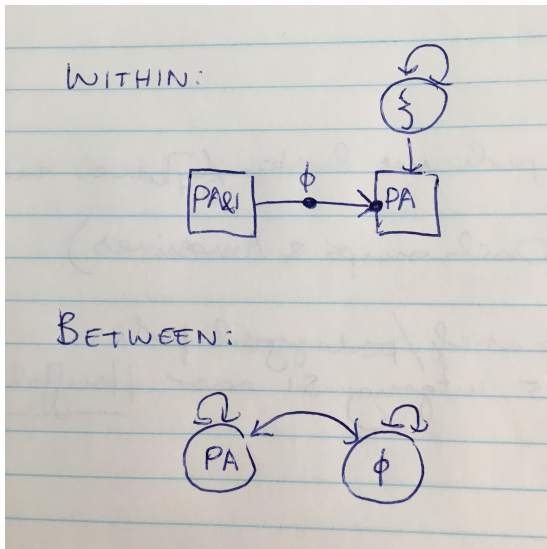
MODEL:

%WITHIN%
phi | PA on PA&1; ! AUTOREGRESSION IS RANDOM

%BETWEEN%
PA with phi;      ! CORRELATED RANDOM MEAN AND AR
```

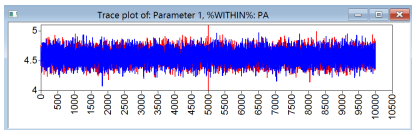
NOTE: The lagged variable (created by **LAGVAR = PA(1)**;) is referred to as **PA&1**.

# Path diagram of the multilevel AR(1) model

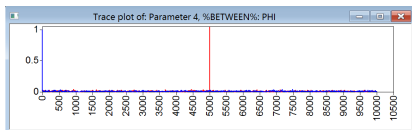


# Results: Trace plots (10,000 iterations)

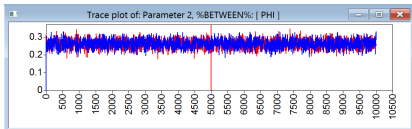
Level 1 residual variance:



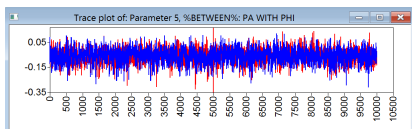
Variance of AR parameter:



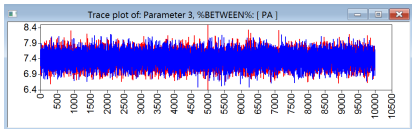
AR parameter:



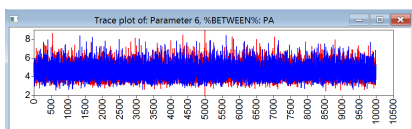
Cov. mean and AR parameter:



Average mean:



Variance of mean:



# Results: Parameter estimates

## MODEL RESULTS

	Estimate	Posterior S.D.	One-Tailed P-Value	95% C.I.		Significance
				Lower 2.5%	Upper 2.5%	
Within Level						
Residual Variances						
PA	4.563	0.109	0.000	4.357	4.784	*
Between Level						
PA WITH PHI	-0.053	0.049	0.129	-0.152	0.039	
Means						
PA	7.393	0.231	0.000	6.933	7.842	*
PHI	0.263	0.021	0.000	0.221	0.304	*
Variances						
PA	4.470	0.752	0.000	3.316	6.260	*
PHI	0.010	0.005	0.000	0.002	0.022	*

Testing whether a random effect is significant is problematic; instead we can compare two models (with and without a random effect).

## Input: Fixed AR parameter and random mean

```
ANALYSIS:  TYPE IS TWOLEVEL random;
           estimator=bayes;
           fbiter=10000;
           bseed = 6186;

MODEL:

  %WITHIN%
  PA on PA&1 (phi); ! AUTOREGRESSION

  %BETWEEN%
  PA;                ! RANDOM MEAN

OUTPUT: TECH8 TECH1;

PLOT: TYPE = PLOT2;
```

In this model there is no random AR parameter; only a random mean.



## Random AR parameter?

**Warning:** Make sure the DIC is **stable** (this may take *many more iterations* than apparent from trace plots).

To ensure the DIC is stable, run the model at least **twice with a different seed**: This should give the same DIC and pD.

Here we compare the model with a fixed AR parameter ( $\phi$ ) to a model with a random AR parameter ( $\phi_i$ ).

Model	DIC	pD
$\phi$	16501	192
$\phi_i$	16498	216

Only slight preference for model with random AR parameter.

# Literature on inertia

Affective inertia has been **empirically related to**

- neuroticism (+) and agreeableness (-) (Suls, Green & Hillis, 1998)
- concurrent depression (+) (Kuppens, Allen & Sheeber, 2010, *Psychological Science*)
- future depression (+) (Kuppens, Sheeber, Yap, Whittle, Simmons & Allen, 2012)
- rumination (+) (Koval, Kuppens, Allen & Sheeber, 2012)
- self-esteem (-) (Houben, Van den Noortgate & Kuppens, 2015)
- life-satisfaction (-) (Houben et al., 2015)
- PA (-) and NA (+) (Houben et al., 2015)

Note that inertia in positive affects seems also maladaptive.

Autoregressive parameter in **daily drinking behavior** has been positively related to being female (Rovine & Walls, 2006); however, the **average** was close to **zero**.

## Extension 1: Random innovation variance

### Level 1: Random mean, inertia, and innovation variance

$$PA_{ti} = \mu_i + \phi_i PA_{t-1,i}^* + \sigma_i \zeta_{ti}$$

where  $\zeta_{ti} \sim N(0, 1)$ .

### Level 2:

$$\mu_i = \mu + v_{0i}$$

$$\phi_i = \phi + v_{1i}$$

$$\sigma_i = \sigma + v_{2i}$$

where

$$\begin{bmatrix} v_{0i} \\ v_{1i} \\ v_{2i} \end{bmatrix} \sim MN \left[ \begin{bmatrix} 0 \\ 0 \\ 0 \end{bmatrix}, \begin{bmatrix} \psi_{11} & & \\ \psi_{21} & \psi_{22} & \\ \psi_{31} & \psi_{32} & \psi_{33} \end{bmatrix} \right]$$

# Why random innovation variance? Statistical

For  $N=1$  we have:  $y_t = \mu + \phi(y_{t-1} - \mu) + \zeta_t$ , such that:

$$\begin{aligned} \text{Var}(y_t) &= E\left[\{y_t - \mu\}^2\right] = E\left[\{\mu + \phi(y_{t-1} - \mu) + \zeta_t - \mu\}^2\right] \\ &= E\left[\{\phi(y_{t-1} - \mu) + \zeta_t\}^2\right] \\ &= \phi^2 E\left[\{y_{t-1} - \mu\}^2\right] + \sigma^2 \end{aligned}$$

where  $E\left[\{y_t - \mu\}^2\right] = E\left[\{y_{t-1} - \mu\}^2\right] = \sigma_y^2$

$$\begin{aligned} \sigma_y^2 &= \phi^2 \sigma_y^2 + \sigma^2 \\ \sigma_y^2 - \phi^2 \sigma_y^2 &= \sigma^2 \\ (1 - \phi^2) \sigma_y^2 &= \sigma^2 \\ \sigma_y^2 &= \frac{\sigma^2}{1 - \phi^2} \end{aligned}$$

Hence, **individual differences** in  $\sigma_y^2$  can come from individual differences in  $\phi$  **and/or**  $\sigma^2$ .

# Why random innovation variance? Substantive

## Level 1: Random mean, inertia, and innovation variance

$$PA_{ti} = \mu_i + \phi_i PA_{t-1,i}^* + \sigma_i \zeta_{ti}$$

where  $\zeta_{ti} \sim N(0, 1)$ .

Substantive interpretation of random innovation variance:

- individual differences in exposure
- individual differences in reactivity

## Level 1: Reactivity to Positive Events (PE)

$$PA_{ti} = \mu_i + \phi_i PA_{t-1,i}^* + \beta_i PE_{ti}^* + \zeta_{ti}$$

Some results for stress sensitivity and reward experience:

- Suls et al. (1998)
- Wichers: relationship with depression and effect of therapy

## Extension 2: Measurement error

### Level 1: Measurement equation

$$PA_{it} = \mu_i + \eta_{it} + \epsilon_{it}$$

where

- $\mu_i$  is the individual's mean
- $\eta_{it}$  is the individual's true score at occasion  $t$
- $\epsilon_{it}$  is the individual's measurement error at occasion  $t$  (could also consider individual differences in its variance)

### Level 1: Transition equation

$$\eta_{it} = \phi_i \eta_{i,t-1} + \sigma_i \zeta_{it}$$

where  $\zeta_{it} \sim N(0, 1)$ .

Some thoughts about measurement error in a multilevel AR(1) model:

- advantage: separate signal from noise
- advantage: reliability per person
- disadvantage: AR-effects in error end up in signal
- disadvantage: not identified when  $\phi = 0$

# Outline

1. Top-down approach:
  - Univariate multilevel AR(1) model
  - **Multiple indicator multilevel AR(1) model**
  - Multilevel VAR(1) model
2. Bottom-up approach:
  - Comparison of linear models and regime-switching models
3. Discussion

# Multiple indicator AR(1) model for PA

We have three indicators: excited (EXC), energetic (ENE), and enthusiastic (ENT).

## Level 1: Within-person factor model

$$\begin{bmatrix} EXC_{it} \\ ENE_{it} \\ ENT_{it} \end{bmatrix} = \begin{bmatrix} \mu_{EXC,i} \\ \mu_{ENE,i} \\ \mu_{ENT,i} \end{bmatrix} + \begin{bmatrix} 1 \\ \lambda_{2W} \\ \lambda_{3W} \end{bmatrix} PAW_{it} + \begin{bmatrix} \epsilon_{EXC,it} \\ \epsilon_{ENE,it} \\ \epsilon_{ENT,it} \end{bmatrix}$$

where

- $\mu$ 's are the individual's means
- $\lambda$ 's are the within-person factor loadings
- $PAW_{it}$  is the individual's latent score at occasion  $t$
- $\epsilon$ 's are the individual's measurement errors at occasion  $t$



# Multiple indicator AR(1) model for PA

Note that  $PAW_{it}$  has a mean of zero for each person (hence no within-person means here).

## Level 1: Within-person latent AR(1)

$$PAW_{it} = \phi_i PAW_{i,t-1} + \sigma_i \zeta_{it}$$

where

- $\phi_i$  is the individual's autoregressive parameter
- $\sigma_i \zeta_{it}$  is the individual's innovation at occasion  $t$  (with  $\text{var}(\zeta)=1$ )

# Multiple indicator AR(1) model for PA

## Level 2: Between-person factor model

$$\begin{bmatrix} \mu_{EXC,i} \\ \mu_{ENE,i} \\ \mu_{ENT,i} \end{bmatrix} = \begin{bmatrix} \mu_{EXC} \\ \mu_{ENE} \\ \mu_{ENT} \end{bmatrix} + \begin{bmatrix} 1 \\ \lambda_{2B} \\ \lambda_{3B} \end{bmatrix} PAB_i + \begin{bmatrix} \epsilon_{EXC,i} \\ \epsilon_{ENE,i} \\ \epsilon_{ENT,i} \end{bmatrix}$$

## Level 2: Fixed and random effects

$$PAB_i = v_{0i}$$

$$\phi_i = \phi + v_{1i}$$

$$\zeta_i = \zeta + v_{2i}$$

where

$$\begin{bmatrix} v_{0i} \\ v_{1i} \\ v_{2i} \end{bmatrix} \sim MN \left[ \begin{bmatrix} 0 \\ 0 \\ 0 \end{bmatrix}, \begin{bmatrix} \psi_{11} & & \\ \psi_{21} & \psi_{22} & \\ \psi_{31} & \psi_{32} & \psi_{33} \end{bmatrix} \right]$$

# Input: Multiple indicator AR(1) model

Allowing for:

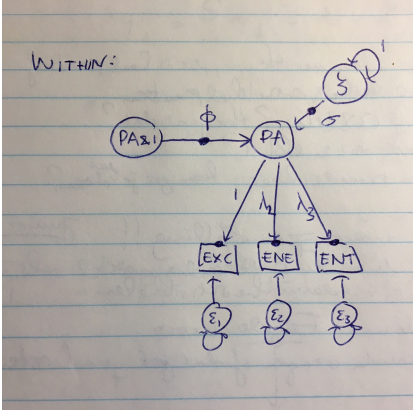
- random means
- random autoregression
- random innovation SD

```
MODEL:
%WITHIN%
PA BY excited energet enthusi (&1);! FACTOR MODEL AND LAGGED LATENT VARIABLE
PA@0; ! FIX THE RESIDUAL TO ZERO
zeta BY; ! CREATE AN INNOVATION TERM
PA with zeta@0; ! FIX COVARIANCE BETWEEN PA AND ZETA TO ZERO
zeta@1; ! FIX VARIANCE OF THIS TERM TO 1
sigma | PA on zeta; ! ALLOW FOR A RANDOM LOADING: INDIVIDUAL SD OF THE INNOVATION
phi | PA on PA&1; ! AUTOREGRESSION IS RANDOM

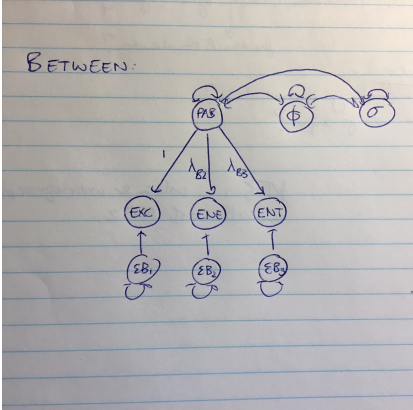
%BETWEEN%
PAB BY excited energet enthusi; ! FACTOR MODEL
PAB with sigma; ! ALLOW FOR CORRELATED RANDOM EFFECTS
PAB with phi; ! ALLOW FOR CORRELATED RANDOM EFFECTS
phi with sigma; ! ALLOW FOR CORRELATED RANDOM EFFECTS
[phi*0.2]; phi*0.03;
[sigma*1.2]; sigma*0.1;
```

# Path diagram

Within level:



Between level:



# Results: Parameter estimates (within)

## MODEL RESULTS

	Estimate	Posterior S.D.	One-Tailed P-Value	95% C.I.		Significance
				Lower 2.5%	Upper 2.5%	
Within Level						
PA						
BY						
EXCITED	1.000	0.000	0.000	1.000	1.000	
ENERGET	0.953	0.029	0.000	0.898	1.012	*
ENTHUSI	1.049	0.029	0.000	0.993	1.108	*
PA						
WITH						
ZETA	0.000	0.000	1.000	0.000	0.000	
Variances						
ZETA	1.000	0.000	0.000	1.000	1.000	
Residual Variances						
EXCITED	0.431	0.014	0.000	0.404	0.459	*
ENERGET	0.323	0.012	0.000	0.300	0.346	*
ENTHUSI	0.318	0.012	0.000	0.294	0.343	*
PA	0.001	0.000	0.000	0.001	0.001	

**Remember:** 
$$Var(PA_i) = \frac{\sigma_i^2}{1-\phi_i^2}$$

## Results: Parameter estimates (between)

PAB	BY						
	EXCITED	1.000	0.000	0.000	1.000	1.000	
	ENERGET	1.069	0.069	0.000	0.945	1.218	*
	ENTHUSI	1.035	0.067	0.000	0.915	1.178	*
PAB	WITH						
	SIGMA	0.038	0.022	0.032	-0.002	0.085	
	PHI	-0.033	0.022	0.056	-0.080	0.008	
PHI	WITH						
	SIGMA	-0.025	0.009	0.000	-0.046	-0.010	*
Means							
	SIGMA	0.562	0.031	0.000	0.502	0.623	*
	PHI	0.393	0.029	0.000	0.336	0.450	*
Intercepts							
	EXCITED	2.404	0.082	0.000	2.242	2.565	*
	ENERGET	2.513	0.083	0.000	2.349	2.676	*
	ENTHUSI	2.470	0.081	0.000	2.311	2.629	*
Variances							
	PAB	0.470	0.095	0.000	0.321	0.692	*
	SIGMA	0.059	0.012	0.000	0.041	0.087	*
	PHI	0.025	0.011	0.000	0.009	0.051	*
Residual Variances							
	EXCITED	0.086	0.019	0.000	0.056	0.130	*
	ENERGET	0.037	0.014	0.000	0.012	0.069	*
	ENTHUSI	0.035	0.013	0.000	0.011	0.064	*

**NOTE:** Means are the fixed effects, variances are the random effects.

# Factorial invariance across levels

Are the **factor loadings** for PA **identical across levels**?

Within Level

PA	BY						
	EXCITED	1.000	0.000	0.000	1.000	1.000	
	ENERGET	0.953	0.029	0.000	0.898	1.012	*
	ENTHUSI	1.049	0.029	0.000	0.993	1.108	*

Between Level

PAB	BY						
	EXCITED	1.000	0.000	0.000	1.000	1.000	
	ENERGET	1.069	0.069	0.000	0.945	1.218	*
	ENTHUSI	1.035	0.067	0.000	0.915	1.178	*

If  $\lambda_w = \lambda_b$ , this implies that within-person, state-like fluctuations are **situated on the same underlying dimension** as stable between-person, trait-like differences.

DICs using 500,000 iterations

	$\lambda_w \neq \lambda_b$	$\lambda_w = \lambda_b$
	22355	22364
	22349	22358
	22353	22360
Average:	22352	22361

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## Multilevel VAR(1) model

In a vector autoregressive (VAR) model, a vector is regressed on preceding versions of itself.

**VAR(1):**

$$\mathbf{y}_t = \mathbf{c} + \Phi \mathbf{y}_{t-1} + \zeta_t \quad \text{with} \quad \boldsymbol{\mu} = (\mathbf{I} - \Phi)^{-1} \mathbf{c}$$

**Alternative expression of a VAR(1):**

$$\mathbf{y}_t = \boldsymbol{\mu} + \Phi(\mathbf{y}_{t-1} - \boldsymbol{\mu}) + \zeta_t$$

When considering a multilevel extension, we want to allow for individual differences in:

- $\boldsymbol{\mu}$ : the trait scores of individuals
- $\Phi$ : the inertias and cross-lagged relationships

**NOTE:** We write  $\mathbf{y}_{t-1}^* = \mathbf{y}_{t-1} - \boldsymbol{\mu}$ .

## Example of a multilevel VAR(1) model

We make use of bivariate data from Emilio Ferrer: Positive Affect and Rumination (see Schuurman, Grasman & Hamaker, 2016).

Six days of ESM data with  $N=129$  and  $T$  about 45.

### Within level:

$$\begin{aligned} \begin{bmatrix} PA_{it} \\ RU_{it} \end{bmatrix} &= \begin{bmatrix} \mu_{PA,i} \\ \mu_{RU,i} \end{bmatrix} + \begin{bmatrix} \phi_{11} & \phi_{12} \\ \phi_{21} & \phi_{22} \end{bmatrix} \begin{bmatrix} PA_{it-1}^* \\ RU_{it-1}^* \end{bmatrix} + \begin{bmatrix} \zeta_{PA,it} \\ \zeta_{RU,it} \end{bmatrix} \\ &= \begin{bmatrix} \mu_{PA,i} + \phi_{11}PA_{it-1}^* + \phi_{12}RU_{it-1}^* + \zeta_{PA,it} \\ \mu_{RU,i} + \phi_{21}PA_{it-1}^* + \phi_{22}RU_{it-1}^* + \zeta_{RU,it} \end{bmatrix} \end{aligned}$$

# Model specification

MODEL :

```
%WITHIN%  
E1 BY PA@1 (&1);  
PA@0.01;  
E2 BY pieker@1(&1);  
pieker@0.01;  
E1 with E2;  
E1;  
E2;  
phi11 | E1 on E1&1;  
phi22 | E2 on E2&1;  
phi12 | E1 on E2&1;  
phi21 | E2 on E1&1;
```

At the between level the means and lagged effects are all allowed to correlate.

## Results within level

Within Level						
E1	BY					
PA		1.000	0.000	0.000	1.000	1.000
E2	BY					
PIEKER		1.000	0.000	0.000	1.000	1.000
E1	WITH					
E2		0.496	0.047	0.000	0.413	0.593 *
Residual Variances						
PA		0.010	0.000	0.000	0.010	0.010
PIEKER		0.010	0.000	0.000	0.010	0.010
E1		1.961	0.046	0.000	1.890	2.063 *
E2		2.640	0.062	0.000	2.518	2.759 *

Note that the measurement error variances **fixed at 0.01** are **negligibly small** compared to the total variances.

# Results between level

Between Level

PA	WITH						
PHI11		0.025	0.007	0.000	0.014	0.040	*
PHI12		0.015	0.008	0.035	0.000	0.034	
PHI21		-0.033	0.011	0.000	-0.052	-0.010	*
PHI22		-0.028	0.011	0.000	-0.056	-0.009	*
PIEKER	WITH						
PHI11		-0.028	0.008	0.000	-0.046	-0.015	*
PHI12		-0.012	0.010	0.110	-0.034	0.006	
PHI21		0.045	0.013	0.000	0.020	0.074	*
PHI22		0.067	0.015	0.000	0.041	0.103	*
PHI11	WITH						
PHI12		-0.002	0.002	0.040	-0.006	0.000	
PHI21		-0.006	0.002	0.000	-0.010	-0.003	*
PHI22		-0.002	0.002	0.070	-0.005	0.001	
PHI12	WITH						
PHI21		0.000	0.001	0.435	-0.003	0.003	
PHI22		-0.004	0.003	0.055	-0.010	0.001	
PHI21	WITH						
PHI22		-0.002	0.003	0.280	-0.008	0.003	
PA	WITH						
PIEKER		-0.070	0.048	0.085	-0.169	0.018	

## Results between level (continued)

Means						
PA	2.244	0.063	0.000	2.117	2.357	*
PIEKER	1.752	0.069	0.000	1.599	1.872	*
PHI11	0.620	0.008	0.000	0.605	0.635	*
PHI22	0.356	0.017	0.000	0.318	0.392	*
PHI12	0.140	0.011	0.000	0.117	0.160	*
PHI21	0.265	0.014	0.000	0.236	0.292	*
Variances						
PA	0.382	0.055	0.000	0.291	0.496	*
PIEKER	0.624	0.092	0.000	0.446	0.811	*
PHI11	0.006	0.001	0.000	0.003	0.009	*
PHI22	0.020	0.004	0.000	0.013	0.030	*
PHI12	0.006	0.002	0.000	0.003	0.010	*
PHI21	0.014	0.003	0.000	0.008	0.022	*

**Means** are the fixed effects; **variances** are for the random effects.

# Standardizing the cross-lagged parameters

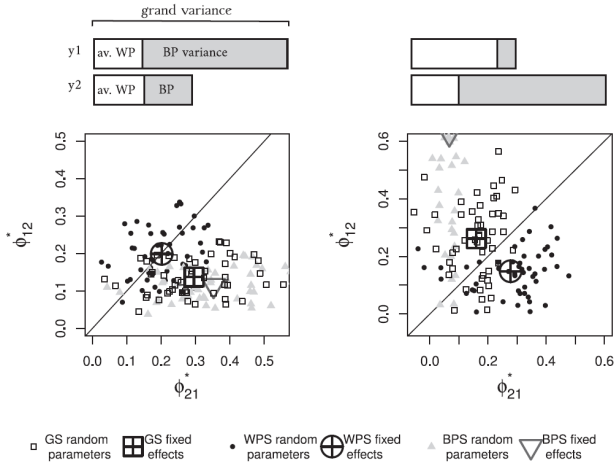
Schuurman et al. (2016) presents three forms of **standardization in multilevel models**:

- total variance (i.e., grand standardization)
- between-person variance (i.e., between standardization)
- average within-person variance
- within-person variance (i.e., within standardization)

Conclusion: last form is most meaningful, as it **parallels standardizing when  $N=1$** .

Standardized fixed effect should be the **average standardized within-person effect**.

# Does it make a difference?



From Schuurman et al. (2016)



## Networks based on multilevel VAR models

Borsboom has used the idea of **networks as an alternative to latent variables** (in the context of psychopathology).

**Dynamical networks** are often based on a VAR(1) model.

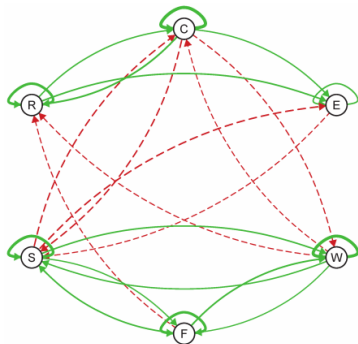
Bringmann et al. (2013) analyzed the lagged relationships between the following variables:

- cheerful (C)
- pleasant event (E)
- worry (W)
- fearful (F)
- sad (S)
- relaxed (R)

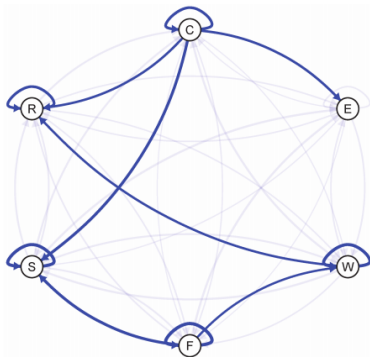
**NOTE:** They performed **separate multilevel regression analyses** on each of these variables, using all (lagged) variables as predictors.

# Results at the population level

Average (fixed effects) network

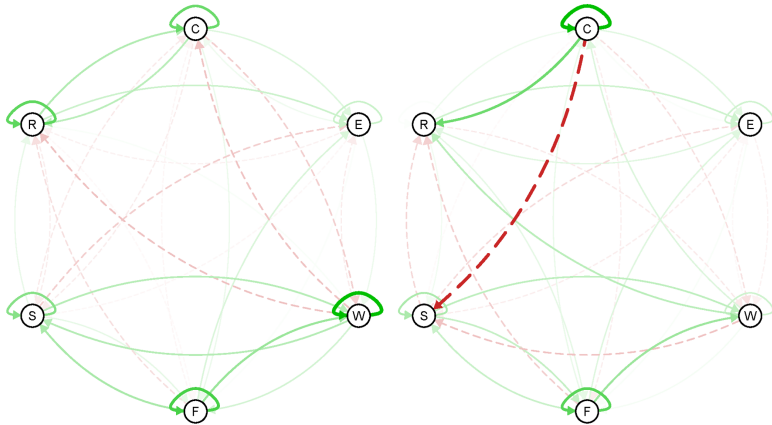


Individual differences network



C=cheerful; E=pleasant event; W=worry; F=fearful; S=sad; and R=relaxed; red solid lines represent positive relationships; green dashed lines represent negative relationship. From Bringmann et al. (2013)

## Results at the individual level (2 individuals)



C=cheerful; E=pleasant event; W=worry; F=fearful; S=sad; and R=relaxed  
From Bringmann et al. (2013)

# Outline

1. Top-down approach:
  - Univariate multilevel AR(1) model
  - Multiple indicator multilevel AR(1) model
  - Multilevel VAR(1) model
2. Bottom-up approach:
  - **Comparison of linear models and regime-switching models**
3. Discussion

# Bottom-up: Replicated time series analysis

**Characteristics** of TSA include:

- $N=1$
- $T$  is large
- observations are ordered (in time)

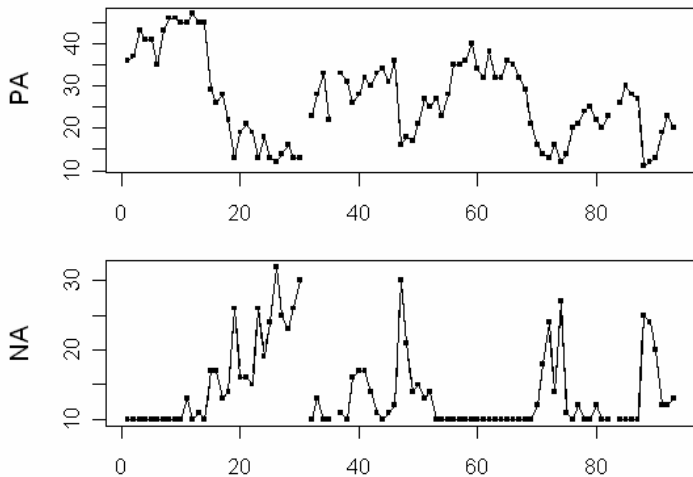
**Goals** of TSA include:

- prediction and forecasting: weather, currency, earthquakes, epidemic
- signal estimation (Kalman filter): e.g. to control your spacecraft
- identify the nature of the process

Example considered here is based on Hamaker, Grasman and Kamphuis (2016).

## Bipolar disorder (BD)

**Bipolar disorder** is characterized by severe changes in affect and activity: Bipolar patients suffer from **manic** and **depressed episodes**.



# BAS dysregulation in BD

BAS may play a crucial role:

- **active BAS:** expecting reward; difficulty inhibiting behavior when approaching a goal; hope
- **inactive BAS:** not expecting reward; difficulty to be motivated; despair

Two forms of BAS dysregulation:



Slow return to baseline

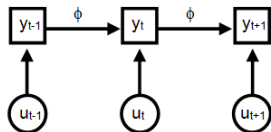


Switches between distinct states

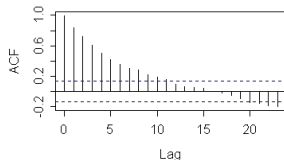
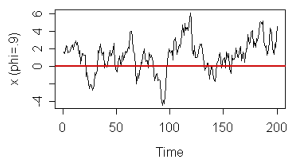
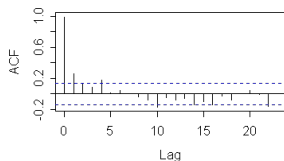
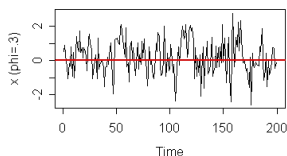
# Slow-return-to-baseline model 1: AR(1)

AR(1)

$$y_t = c + \phi y_{t-1} + u_t$$



*Carry-over.* In the AR(1) model today's mood is influenced by yesterday's mood, and the higher  $\phi$ , the more yesterday's mood carries over to today's mood.

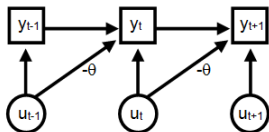




## Slow-return-to-baseline model 2: ARIMA(0,1,1)

ARIMA(0,1,1)

$$y_t = y_{t-1} - \theta u_{t-1} + u_t$$



*Balancing preservation and adaption:* The closer  $\theta$  is to 1, the stronger preservation is; if  $\theta$  is zero, the system fully adapts to perturbations.

$$\mathbb{E}[y_t | y_{t-1}] = y_{t-1} - \theta e_{t-1}$$

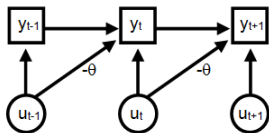
$$= \mathbb{E}[y_{t-1} | y_{t-2}] + e_{t-1} - \theta e_{t-1}$$

The parameter  $\theta$  is considered to indicate the balance between **preservation** and **adaption**.

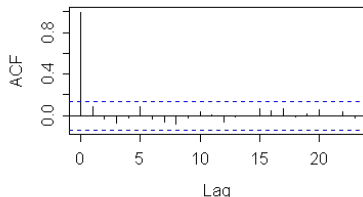
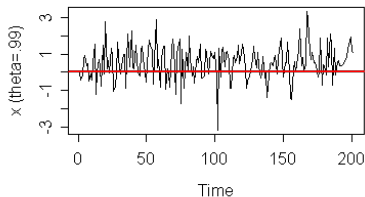
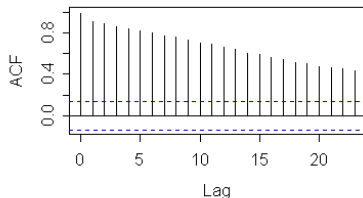
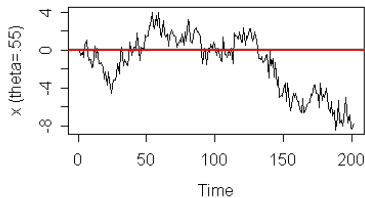
## Slow-return-to-baseline model 2: ARIMA(0,1,1)

ARIMA(0,1,1)

$$y_t = y_{t-1} - \theta u_{t-1} + u_t$$



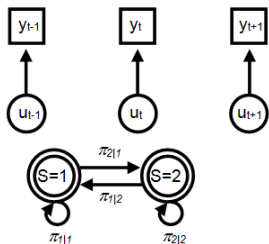
*Balancing preservation and adaption:* The closer  $\theta$  is to 1, the stronger preservation is; if  $\theta$  is zero, the system fully adapts to perturbations.



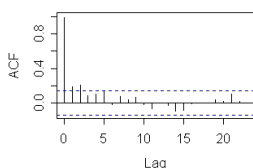
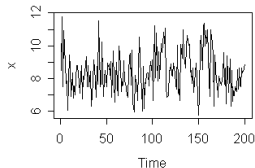
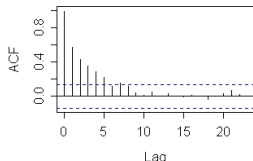
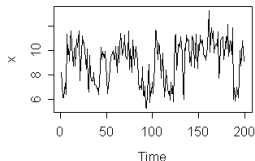
# Regime-switching model 1: HM model

HMM

$$y_t = \mu_{S_t} + \sigma_{S_t} u_t$$



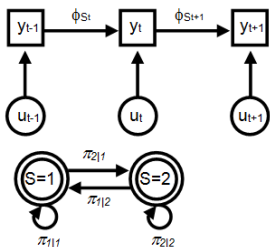
*Switching:* In the HMM model the system switches between two different WN processes (different means and variances). For each state, there is a probability to stay in it ( $\pi_{11}$  and  $\pi_{22}$ ) and a probabilities to switch ( $\pi_{12}$  and  $\pi_{21}$ ).



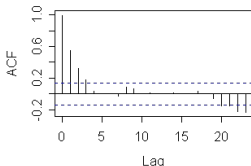
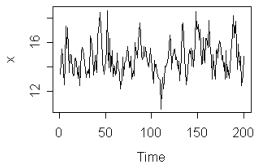
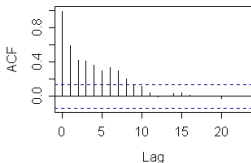
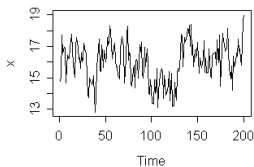
# Regime-switching model 2: MSAR(1) model

MSAR(1)

$$y_t = c_{S_t} + \phi_{S_t} y_{t-1} + \sigma_{S_t} u_t$$



*Switching with carry-over.* The MSAR model is characterized by switches between two different AR(1) processes (different constant  $c$ , AR parameter  $\phi$  and variance). Switches are smoother than in the HMM, due to the carry-over.



# VAR(1) model and results

```
model:  
  y1 with y2;  
  y1 y2 on y1&1 y2&1;
```

Note we make use of observed lagged variables  $y1\&1$  and  $y2\&1$ .

## MODEL RESULTS

		Estimate	Posterior S.D.	One-Tailed P-Value	Lower 2.5%	Upper 2.5%	Significance
Y1	ON						
	Y1&1	0.881	0.079	0.000	0.717	1.042	*
	Y2&1	0.041	0.140	0.379	-0.234	0.312	
Y2	ON						
	Y1&1	-0.101	0.072	0.066	-0.246	0.037	
	Y2&1	0.476	0.124	0.000	0.236	0.709	*
Y1	WITH						
	Y2	-15.438	3.366	0.000	-23.886	-10.165	*
Intercepts							
	Y1	2.439	3.873	0.242	-4.875	10.487	
	Y2	9.931	3.443	0.004	3.565	17.121	*
Residual variances							
	Y1	26.481	4.307	0.000	19.982	36.577	*
	Y2	22.405	3.674	0.000	17.120	31.582	*

# VARIMA(0,1,1) model

```
model:
  e1 with e2;
  y1-y2@0.5; [y1-y2@0];
  e1 by y1@1 (&1);
  e2 by y2@1 (&1);
  y1 on y1&1@1 e1&1;
  y2 on y2&1@1 e2&1;
```

where:

- `e1 by y1@1`; defines `e1` as the innovation of the process `y1`
- `e1 by (&1)`; defines a lagged version of `e1` (i.e., innovation at previous time point)
- `y1 on y1&1@1`; defines the  $I(1)$  part (random walk)
- `y1 on e1&1`; defines the  $MA(1)$  part (moving average process)

and:

- `y1@0.5`; sets the measurement error variance to a negligible small number
- `and [y1@0]`; sets the mean of the process to zero (because it is a unit root process; mean is not identified)

# VARIMA(0,1,1) results

## MODEL RESULTS

			Estimate	Posterior S.D.	One-Tailed P-Value	Lower 95% C.I. 2.5%	Upper 95% C.I. 2.5%	Significance
E1	Y1	BY	1.000	0.000	0.000	1.000	1.000	
E2	Y2	BY	1.000	0.000	0.000	1.000	1.000	
Y1	E1&1	ON	-0.200	0.098	0.025	-0.384	-0.000	*
Y2	E2&1	ON	-0.483	0.098	0.000	-0.658	-0.271	*
Y1	Y1&1	ON	1.000	0.000	0.000	1.000	1.000	
Y2	Y2&1	ON	1.000	0.000	0.000	1.000	1.000	
E1	E2	WITH	-17.078	3.639	0.000	-25.295	-11.432	*
Intercepts								
	Y1		0.000	0.000	1.000	0.000	0.000	
	Y2		0.000	0.000	1.000	0.000	0.000	
Variances								
	E1		27.380	4.583	0.000	20.380	37.988	*
	E2		24.409	3.974	0.000	18.196	33.781	*
Residual variances								
	Y1		0.500	0.000	0.000	0.500	0.500	
	Y2		0.500	0.000	0.000	0.500	0.500	

# HMM model

```
model:
  %overall%
  C on C&1;
  y1 with y2; y1-y2; [y1-y2];

model c:
  %C#1%

  y1 WITH y2*-0.12152 (v3);
  [ y1*2.02322 ];
  [ y2*1.66623 ];

  y1*0.40301 (v1);
  y2*0.27785 (v2);

  %C#2%

  y1 WITH y2*-0.12661 (w3);
  [ y1*2.05252 ];
  [ y2*1.61515 ];

  y1*0.40550 (w1);
  y2*0.20074 (w2);

model prior:
v1~IW(2,2);
v2~IW(2,2);
v3~IW(0,2);

w1~IW(2,2);
w2~IW(2,2);
w3~IW(0,2);
```

The overall model part:

- C ON C&1; specifies hidden Markov model
- y1 with y2; ensures the variables are allowed to correlate

Rest is used for specifying starting values and priors



# HMM results

## MODEL RESULTS

	Estimate	Posterior S.D.	One-Tailed P-Value	95% C.I. Lower 2.5%	Upper 2.5%	Significance
Latent Class Pattern 1 1						
Y1 WITH						
Y2	-29.667	8.942	0.000	-52.482	-16.570	*
Means						
Y1	20.767	1.241	0.000	18.314	23.326	*
Y2	17.659	0.962	0.000	15.725	19.515	*
Variances						
Y1	59.325	14.126	0.000	39.518	94.774	*
Y2	37.273	8.495	0.000	25.278	58.170	*
Latent Class Pattern 1 2						
Y1 WITH						
Y2	0.176	0.394	0.317	-0.618	0.936	
Means						
Y1	33.508	1.283	0.000	30.991	35.930	*
Y2	10.044	0.055	0.000	9.949	10.157	*
Variances						
Y1	57.985	14.079	0.000	39.033	93.425	*
Y2	0.092	0.032	0.000	0.044	0.167	*
Categorical Latent Variables						
C#1 ON						
C&1#1	0.819	0.061	0.000	0.682	0.921	*
C&1#2	0.192	0.061	0.000	0.087	0.327	*
Class Proportions						
Class 1	0.409	0.031	0.000	0.341	0.460	
Class 2	0.091	0.031	0.000	0.039	0.158	
Class 3	0.096	0.031	0.000	0.044	0.164	
Class 4	0.404	0.031	0.000	0.336	0.456	

# MSVAR(1) model

```
model:  
%overall%  
C on C&1;  
y1 with y2; y1-y2; [y1-y2];  
y1 y2 on y1&1 y2&1;
```

```
MODEL C:  
%C#1%  
y1 y2 on y1&1 y2&1;  
  
[ y1*20.76743 ] (1);  
[ y2*17.65870 ] (2);  
  
y1*59.32514 (v1);  
y2*37.27272 (v2);  
y1 WITH y2 (v3);  
  
%C#2%  
y1 y2 on y1&1 y2&1;  
  
[ y1*33.50785 ] (6);  
[ y2*10.04370 ] (7);  
  
y1*57.98539 (w1);  
y2*0.09211 (w2);  
y1 WITH y2*0 (w3);
```

```
model prior:  
v1~IW(2,2);  
v2~IW(2,2);  
v3~IW(0,2);  
  
w1~IW(2,2);  
w2~IW(2,2);  
w3~IW(0,2);
```

The overall model part:

- C ON C&1; specifies hidden Markov model
- y1 y2 on y1&1 y2&1; specifies a VAR(1) model
- y1 with y2; ensures the innovations are allowed to correlate

Rest is used for starting values and priors

# MSVAR(1) results

## MODEL RESULTS

		Estimate	Posterior S.D.	One-Tailed P-Value	95% C.I.		Significance
					Lower 2.5%	Upper 2.5%	
Latent Class Pattern 1 1							
Y1	ON						
	Y1&1	0.814	0.131	0.000	0.543	1.053	*
	Y2&1	0.133	0.182	0.219	-0.220	0.494	
Y2	ON						
	Y1&1	-0.096	0.126	0.224	-0.338	0.159	
	Y2&1	0.370	0.184	0.026	-0.001	0.732	
Y1	WITH						
	Y2	-21.215	5.869	0.000	-35.638	-12.993	*
Intercepts							
	Y1	1.008	5.500	0.428	-9.502	11.979	
	Y2	13.713	5.439	0.007	2.799	24.266	*
Residual Variances							
	Y1	27.773	6.527	0.000	18.603	43.894	*
	Y2	29.673	6.904	0.000	20.094	46.646	*
Latent Class Pattern 1 2							
Y1	ON						
	Y1&1	0.836	0.091	0.000	0.649	1.009	*
	Y2&1	0.063	0.276	0.404	-0.477	0.611	
Y2	ON						
	Y1&1	0.001	0.006	0.394	-0.010	0.013	
	Y2&1	0.054	0.020	0.011	0.014	0.091	*
Y1	WITH						
	Y2	-0.001	0.192	0.499	-0.368	0.407	
Intercepts							
	Y1	5.076	5.182	0.155	-5.268	15.452	
	Y2	9.401	0.341	0.000	8.728	10.097	*
Residual Variances							
	Y1	17.086	4.395	0.000	11.082	27.990	*
	Y2	0.063	0.024	0.000	0.038	0.130	*

# MSVAR(1) results

## Categorical Latent Variables

C#1	ON						
	C&1#1	0.807	0.064	0.000	0.663	0.914	*
	C&1#2	0.215	0.064	0.000	0.107	0.355	*

## Class Proportions

Class 1	0.404	0.032	0.000	0.332	0.457
Class 2	0.096	0.032	0.000	0.043	0.168
Class 3	0.107	0.032	0.000	0.054	0.177
Class 4	0.393	0.032	0.000	0.322	0.446

# Outline

## 1. Top-down approach:

- Univariate multilevel AR(1) model
- Multiple indicator multilevel AR(1) model
- Multilevel VAR(1) model

## 2. Bottom-up approach:

- Comparison of linear models and regime-switching models

## 3. **Discussion**

## Some other issues to consider

- data may be irregularly spaced (e.g., ESM data), which should be taken into account when estimating lagged effects
- time is treated as discrete here, but it might be more appropriate to consider it as continuous (Deboeck & Preacher, 2015; Voelkle et al., 2012)
- there may be trends and cycles present which should (or not?) be accounted for (Liu & West, 2015; Wang & Maxwell, 2015)
- random factor loadings (allowing for idiographic loadings)
- level 2 predictors for the individual differences in dynamics
- time-varying parameters
- multilevel extension of the regime-switching models
- fit measure that allows for all models to be compared...

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# Thank you

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